

Wilson's Prom Trip 2021

Thurs 23rd - Sunday 26th of September

Four days of Adventure and Fun!

This annual event is back and running with some exciting changes to ensure a better trip than ever before. The trip consists of an expedition and a base camp component, located at Wilson's Promontory and surrounds and provides a 3-day camp for any scout planning on going to VicJam. This booklet contains what you need to know to join us on a great trip!

Part One- Expedition

The expeditions are mainly run in the beautiful Southern Walks section of Wilson's Promontory National Park. There are three different hike-based expeditions running. Members are placed into an expedition level by their home troop's Troop Council based on their age, experience and other relevant factors (the expedition you are placed does not necessarily match your badge level).

Pioneer Expedition/ Milestone 1 Hike (Introductory hike)

One night pre-hike camp, one night hike, one night base camp. Hike planned and run by leaders with the assistance of the Scouts who will take turns leading different aspects (e.g Navigation, cooking, first aid). Meals are supplied. Before hiking at Wilson's Promontory the Pioneer expedition group will be camping overnight at Stockyard Camp in Yanakie. Hike skills, team building, exploring and having fun are the main themes of this part of the trip.

Cost: \$80 (Including food) \$55 Standard Hike Fee + \$25 to Pioneer Hike Food Fee (to be brought in cash to camp)

Explorer Expedition/ Milestone 2 Hike (Intermediate hike)

Two night hike, one night at base camp. Hike run by Scouts with a leader supervising/assisting. Route and campsites decided by Scouts. Food brought by individual Scouts.

Cost is \$55 per person- Not including meals.

Adventurer Expedition/ Milestone 3 Hike (Advanced Hike)

Two nights hike, one night at base camp. Hiking independently with all planning done by hike members. Group is monitored periodically, or in a hands off way by visiting leaders or venture helpers. For our most advanced Scouts. Cost is \$55- Not Including meals.

Venturers

Venturers are welcome along—either to go on their own hike or to help out on other hikes. Cost to cover campsite fees and base camp is \$55. Please RSVP to your unit chairperson.

Part 2- Base Camp and post hike celebration

Our base camp will be in a Scout property in the town of Fish Creek - 20 minutes from Wilson's Promontory National Park. All Scouts will be together for the base camp component, a great opportunity to relax, eat food, have a campfire, music and celebrate the finishing of the hike! On the last day of the camp we will be visiting a tourist attraction (as well as stopping by Maccas for lunch). Optional activities for this part of the trip include billy carting, fishing, Wide games and much more. Food is supplied for all participants in the base camp (Day 3 dinner, day 4 breakfast)

Questions & Further Information

Questions are welcome. Our camp's final information like exact times will be provided in a 'final details' email closer to the event. Please direct questions to the relevant PL or leader.

Covid Information

With Covid this year, we are aware of the threat of lockdown in Victoria and that this event may have to be rescheduled/cancelled. More information on the steps/procedures taken will come soon!

Registration Process

Please get your scouts to register their interest for coming on the Wilson's prom trip in this Operoo **before the 26th of August**. We also ask that you provide us with an indication on their milestone level before this date as well. This is important so we can book campsites early. Once registrations close Scouts will be put into hike groups based on the advice of their home troop council, leaders and logistical limitations. Within a couple of weeks of the close of registration there will be a 'Planning and Orientation' meeting that the scouts are expected to attend, at this meeting they will meet who they are hiking with, plan their route, and logistics of their expedition with appropriate guidance from leaders.

Details of the date and time of this meeting will be confirmed by email shortly after the close of registrations. A \$25 fee will be due in cash on the date of the camp for those scouts allocated to the pioneer hike group to cover their food for the hike component. There is no fee for leaders and parent helpers helping with the hike.

Provisional Program

Day One - Morning

8:00am - Group Depart from scout hall (Location TBC)

Arrive Wilsons Promontory and Surrounds at

11:00am - Adventurer and Explorer hikes depart Pioneer expedition group begins pre-hike camp at Stockyard Camp

Day One - Afternoon

Adventurer and Explorer groups Hiking Pioneer group on Pre-hike Camp

Day Two - Morning

Adventurer and Explorer groups hiking

Pioneer Group begin Hike

Day Two - Afternoon

PM All groups hiking

Day Three - Morning

All groups finish hiking & travel to base camp

Day Three - Afternoon

End of Hike Celebration! Campfire, Food, Music

Day Four - Afternoon

Travel Home, Maccas Lunch, Tourist attraction

Personal Gear Guide

Gear (general)

It is recommended that scouts take two bags, one a rucksack with items for their hike and another day pack containing spare clothes & personal items which will be left in in the cars for base camp (including showering gear). Food for the hike will need to be supplied by the scout (Pioneer expedition Scouts need to supply their own scroggin but not meals)

Scouts are to carry their own medications, with the leader advised that they are carrying medications. Tents, maps, compasses and cooking equipment for the hike will be supplied by the troop. Leaders will be carrying first aid kits.

Gear (hiking)

- Clothes to walk in. Either shorts or track pants/outdoor pants (avoid jeans) plus t-shirt
- Hiking Pack (Proper framed rucksack required – borrow or hire one if scout doesn't have one)
- Water bottle/s (you must be capable of carrying 2L of water)
- Toiletries (Tip - carry toothbrush, small amount of toothpaste squirted in plastic bag, no soap)
- Torch (make sure it is small & batteries are new)
- Toilet paper (not whole roll – just enough for hike)
- Sunscreen (small amount)
- Eating utensils (spoon or fork, knife, cup)
- Sleeping bag
- Sleeping mat
- Rain jacket with hood
- Boots - hiking boots preferable, if not runners are fine– make sure they are well worn in (but not worn through!) or blisters will be a problem
- Spare shirt & undies
- Thermal underwear (Optional)
- Spare pair of long trousers/ tracksuit pants
- Socks (allow one pair per day of walk)
- Hat/Beanie
- Jumper (Fleece jumpers are best)
- Emergency kit (containing whistle, matches, length of cord, personal First Aid kit)
- Camera (Optional)

Tips

- Carry some elastoplast or bandaids for blisters
 - Take a couple of large garbage bag for inside rucksack to pack all items in this keeps contents of pack dry if it rains
 - Try and carry clothes inside small bag like a sleeping bag cover, do the same for food. It makes unpacking and repacking your rucksack easier
 - Wrap sleeping bag inside a separate garbage bag to ensure it doesn't get wet
 - Sleeping bag cover stuffed with clothes creates a pillow for the night
- Aim to keep all items carried inside pack – this reduces risk of items falling off or getting wet. This also makes the pack easier to carry and more evenly weighted - Walk could be in sunny conditions so sun hat essential.

Other Things to Bring Along

- Scout scarf (to be worn on departure)
- Maccas spending money advised (\$10 or so) for the journey home

A Note On Finding Gear

Start as early as possible to beg, borrow or steal equipment from friends. The Scout Troop will provide stoves and tents, however scouts must provide their own packs, walking shoes/boots and rain jackets amongst other things. Packs and jackets can be hired from a place such as Wallaroo Camping Hire (Mt Waverley) or Outports (Moorabbin). We have always found these stores to be extremely helpful and well-priced. If you are unable to hire gear, because of constraints like cost or supply please talk to Taco and we may be able to source some gear from other scout groups for you.

Food for Hiking

Other than for the Pioneer expedition, participants will need to supply all of their own food for the hike component. If they are unsure of anything then they only have to ask. Keep in mind what food you carry needs to be light enough to carry but sufficient to provide you the nutrition required to keep you going whilst walking. Some ideas for each meal are as follows:

Breakfast

- Muesli Bars & Hard to squish fruit / fruit jelly preserve/ small up and go
- Cereal with Powdered milk

Lunch

- Wraps
- All with some kind of spread (do not bring the whole jar!!), or cheese and a salami that can be cut off a small salami stick

Dinner

- Pasta & sauce (continental style)
- Mash ('Deb' style) and Chinese sausage
- Backcountry meals (just add water meals available from Kathmandu- you can even have "Roast" and "Ice Cream" on hike this way!)

Scroggin

- Each person will need to supply scroggin, Scroggin traditionally consists of a mix of Nuts, Dried fruit, lollies and chocolate. Usually divided into zip-lock bags. usually one bag of scroggin per day. If you are on an expedition with someone allergic to nuts you will not be able to put nuts in your scroggin. A good substitute is cereal like nutri-grain.

You must check this before you make your scroggin.

2019 was a huge success with Scouts from 10th Malvern, 1st Malvern, 13th Malvern, 2nd Malvern, 1st Vic and 2nd Prahran. We also had a large group of Venturers making it our biggest year yet! The format was similar to the previous year and it was great to see the smiling (and tired) faces of Scouts/Venturers after all the expeditions.

Unfortunately, due to Covid, this camp was not run in 2020. However, we hope to bring it back bigger and better than ever in 2021!